

INDOOR SAUNAS

TRADITIONAL | INFRARED | HYBRID INFRASAUNA

finnleo
PURE SAUNA



Owning a personal oasis is easier than ever with Finnleo® Freestanding Indoor Saunas.
Beautifully designed and packed with functionality, these

saunas provide options in portability, heat type, room size, layout, price, and design preferences, letting you choose which **fits your life best.**

HALLMARK Traditional Saunas

NORTHSTAR Traditional Saunas

DESIGNER Luxury Traditional Saunas

S-SERIES Infrared Saunas

INFRASAUNA Hybrid Saunas

Genuine Finnish sauna is a living practice, naturally one of well-being.

Its value and practice are instilled across generations as intuitively as eating and sleeping. Our joy is in sharing this ancient wisdom and applying it in relevant ways to help more people experience sauna and make it a natural part of life.

WHAT'S INSIDE.

TRADITIONAL SAUNAS	03
Hallmark Series Traditional Sauna Room Kits	05
NorthStar Series Traditional Sauna Rooms	11
Designer Series Luxury Sauna Rooms	17
INFRARED & INFRAAUNAS	25
S-Series Infrared Sauna Room Kits	27
InfraSauna Series Hybrid Sauna Room Kits	35
THINGS TO KNOW ABOUT SAUNA	39
Sauna Heat Options & How to Choose	41
SaunaLogic2 Control	43
Installation	44
COLOR THERAPY	47
SAUNA BENEFITS	48

- SERIES KEY -

TRADITIONAL

INFRARED

INFRAAUNA

PORTABLE SAUNAS

For many, a portable sauna is a perfect solution. These charming saunas are easy to bring home and begin enjoying immediately. Choose from traditional, infrared, or hybrid rooms at a size that fits your home or wellness space. Discover well-being that comes naturally with a Finnleo Portable Sauna.

HALLMARK Traditional Saunas
PGS 5-10

S-SERIES Infrared Saunas
PGS 27-34

INFRAAUNA Hybrid Saunas
PGS 35-38

FREESTANDING BUILD-ON-SITE SAUNAS

Experience the difference of a truly handcrafted sauna. Our freestanding, build-on-site kits, expertly built in Minnesota (with carefully selected imported materials), offer unparalleled quality and design. Honoring traditional Finnish sauna with modern techniques, you get a sauna that's stunningly beautiful with superior performance. Combining precision, factory-built components and on-site finishing guarantee a perfect fit; bring a sauna home in a style uniquely yours.

NORTHSTAR Traditional Saunas
PGS 11-16

DESIGNER Luxury Traditional Saunas
PGS 17-24

PURE SAUNA

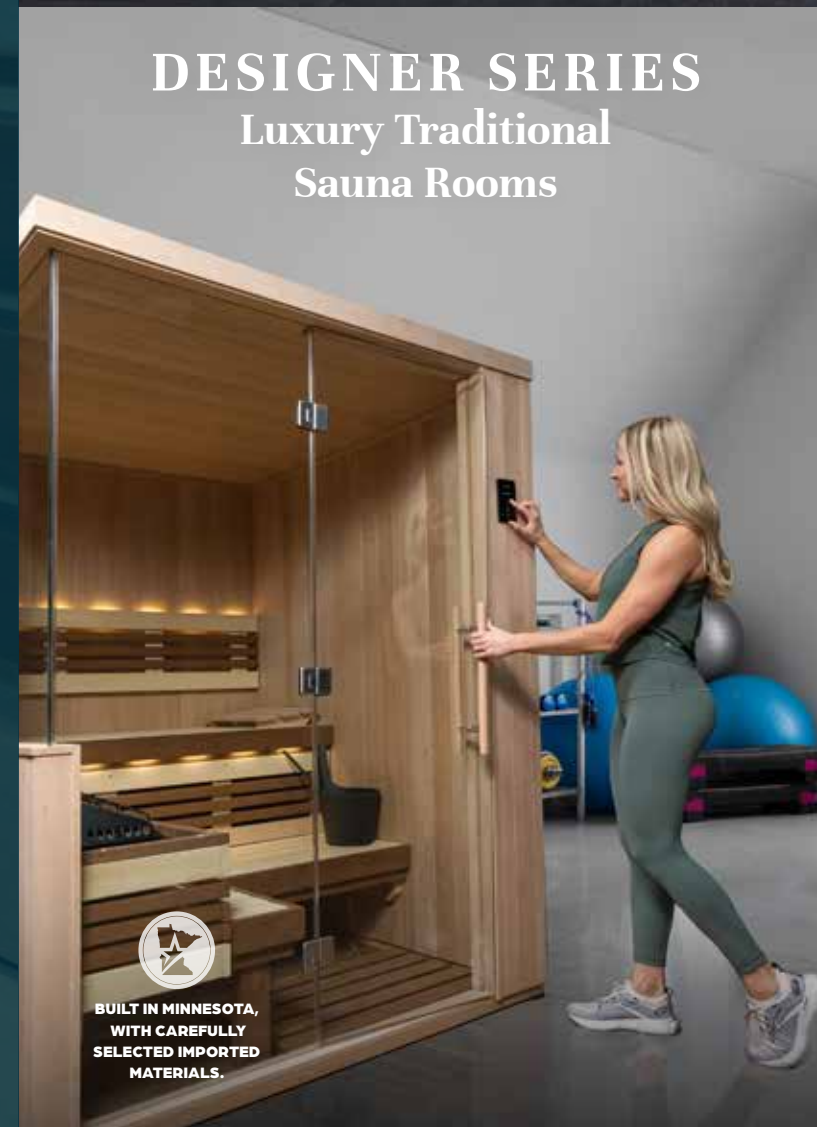
TRADITIONAL SAUNA

Finnleo is a pioneer at in-home sauna innovation, that stays true to authentic Finnish practices.

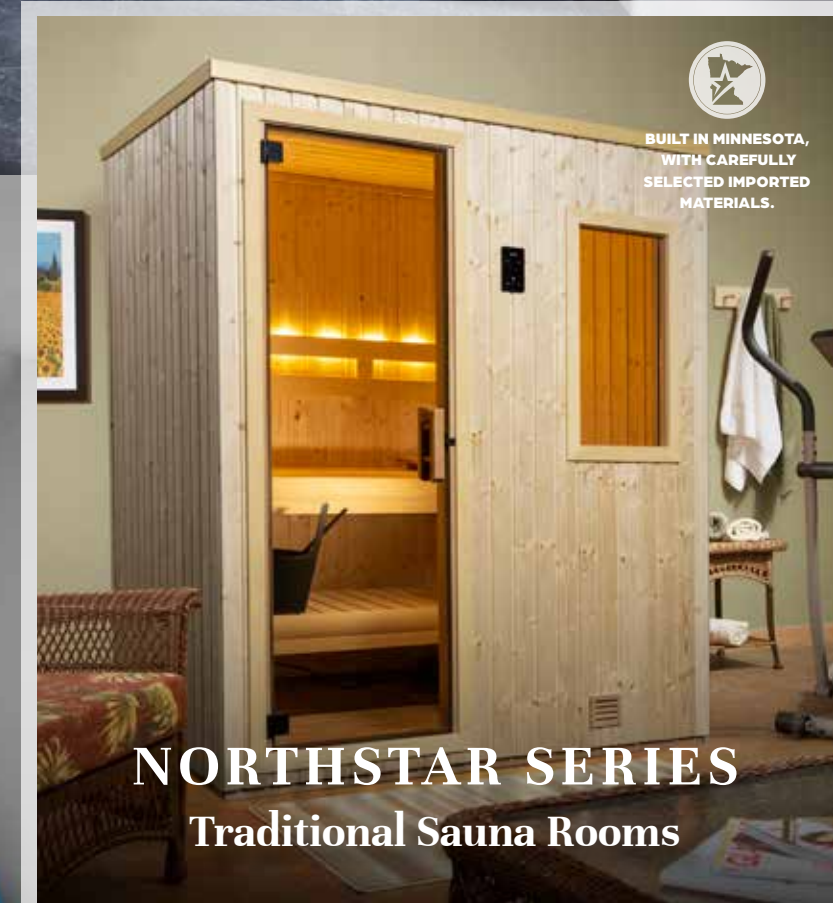
This line-up of traditional saunas gives you options to choose from based on what is most important to you in your at-home sauna – simplicity, design, size, budget, and much more.



HALLMARK SERIES
Traditional Sauna Room Kits



DESIGNER SERIES
Luxury Traditional
Sauna Rooms



NORTHSTAR SERIES
Traditional Sauna Rooms



BUILT IN MINNESOTA,
WITH CAREFULLY
SELECTED IMPORTED
MATERIALS.



BUILT IN MINNESOTA,
WITH CAREFULLY
SELECTED IMPORTED
MATERIALS.

HALLMARK SAUNAS



Traditional & Portable

Hallmark Saunas are attractive in more ways than one.

To the eye, top quality clear Canadian Hemlock inside and out reflects golden light in a warm, comforting glow. The exterior is protected with a biodegradable finish for a luxurious look and ease of maintenance. Integral backrest low-voltage lighting system with color light therapy and an integrated Bluetooth sound system complete the aura of luxury.

Best Value in Traditional Saunas

Hallmark Saunas bring the genuine Finnish sauna experience into your home quickly and cost-efficiently. Everything you need to start enjoying that experience comes complete in each Hallmark sauna kit. Powered by a Finnish-engineered electric heater and the SaunaLogic2® Control, you can heat bathe with löyly as authentically as they do in Finland.

As Easy As it Gets

The hook-and-pin panel design means Hallmark Saunas are easily assembled and ready to enjoy. Each comes complete with a built-in floor with vinyl surface and finished exterior, which makes cleaning and maintenance a breeze. Plus, the SaunaLogic2 Control goes with you on your mobile device, making it easier than ever to start your sauna and have it ready when you are.

SEE INSTALLATION
INSTRUCTIONS ON
PAGE 46



HM44
PG 7



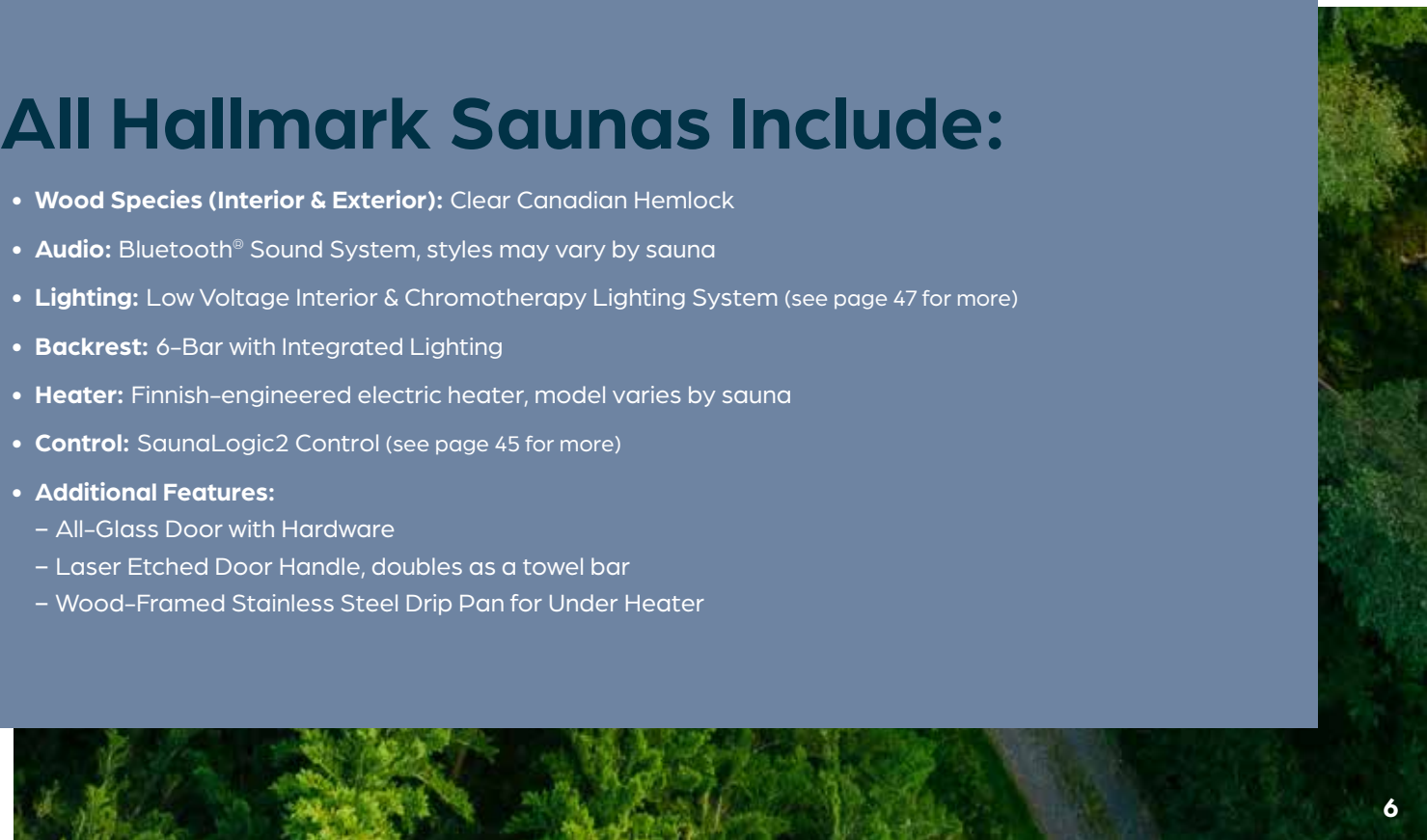
HM46
PG 8



HM57
PG 9

All Hallmark Saunas Include:

- **Wood Species (Interior & Exterior):** Clear Canadian Hemlock
- **Audio:** Bluetooth® Sound System, styles may vary by sauna
- **Lighting:** Low Voltage Interior & Chromotherapy Lighting System (see page 47 for more)
- **Backrest:** 6-Bar with Integrated Lighting
- **Heater:** Finnish-engineered electric heater, model varies by sauna
- **Control:** SaunaLogic2 Control (see page 45 for more)
- **Additional Features:**
 - All-Glass Door with Hardware
 - Laser Etched Door Handle, doubles as a towel bar
 - Wood-Framed Stainless Steel Drip Pan for Under Heater

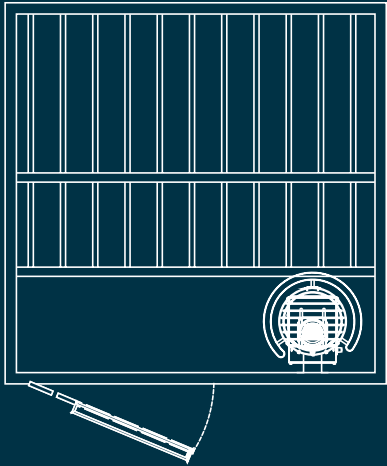


Hallmark HM44



Have a luxurious Finnish sauna experience *wherever within your home.*

Equipped with a 120-volt plug-in, this sauna is truly plug-and-play with standard home outlets (15- and 20-amp options). The HM44 is the quickest and simplest way to bring sauna into your home and daily routine.



Up to 2



48" W x 48" D x 80" H



120 V Plug-In, 15- & 20-amp Models Available



Piccolo Mini



SaunaLogic2



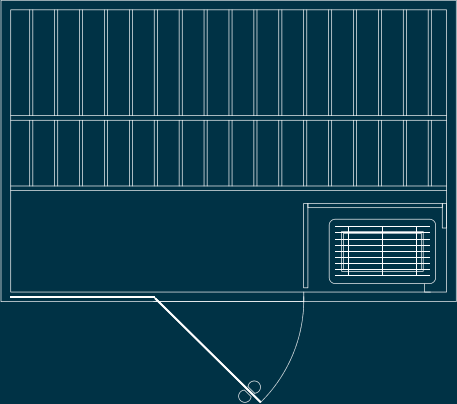
Bucket & Ladle Included



Bluetooth

Comfortably sauna

with someone or two in the HM46; or, when solo, enjoy the option to lie down on the top bench. Powered by the Designer-SL2 heater and SaunaLogic2 Control (and optional mobile app), you are set up for authentic sauna enjoyment.



Hallmark HM46



Up to 3



73 3/8" W x 49 1/4" D x 80" H



240 Volts
18.8 Amps



Designer-SL2 4.5 kW



SaunaLogic2



Bucket & Ladle Included



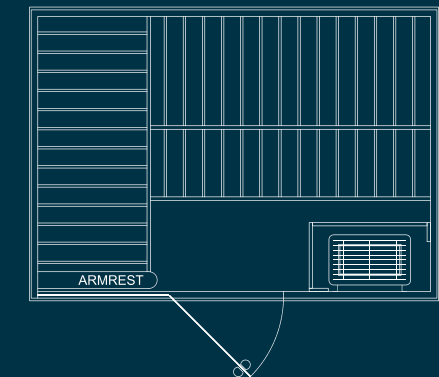
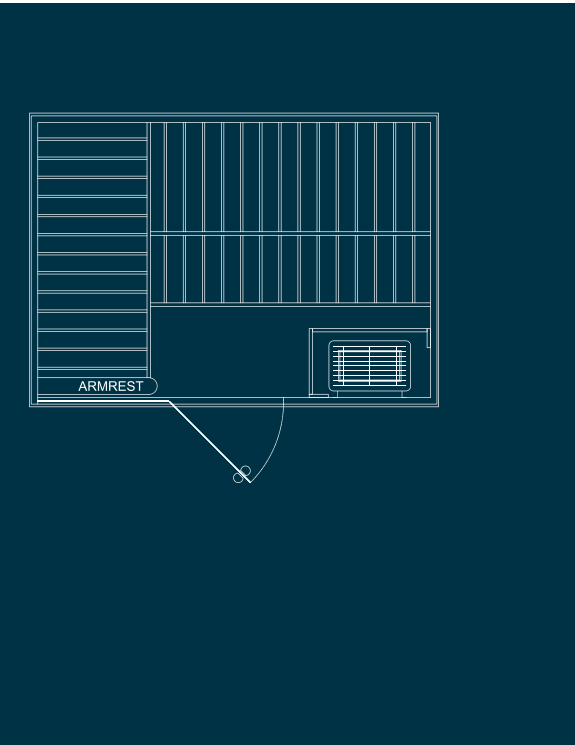
Bluetooth



Hallmark HM57

One of our most popular models

the HM57 is amazingly roomy, yet only takes up 35 sq. ft. of floor space. With an L-shaped top bench, it comfortably seats 4-5 people and offers plenty of room for lying down.



Up to 5



85 3/8" W x 61 3/8" D x 80"H



240 Volts
25.0 Amps



Designer-SL2, 6.0 kW



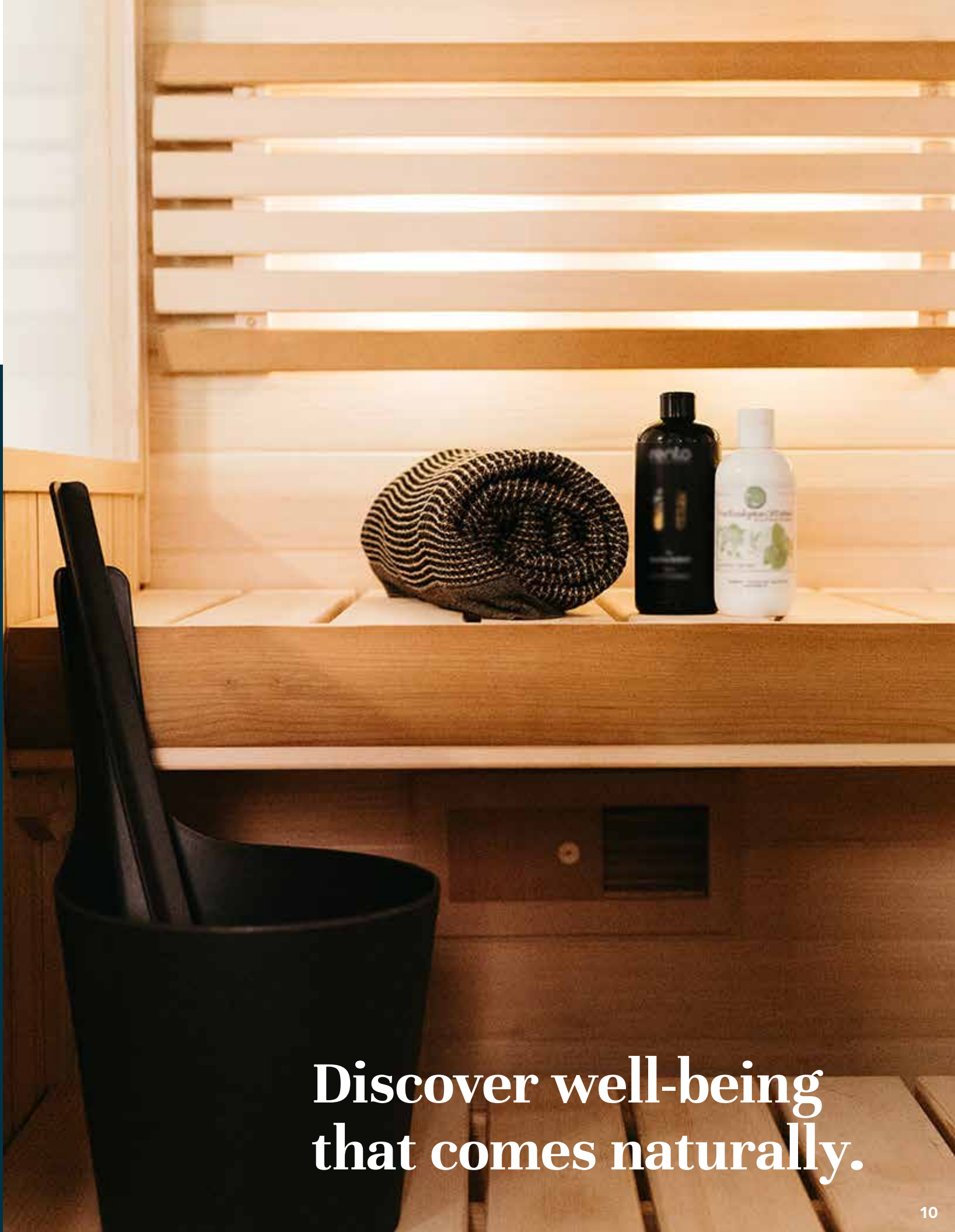
SaunaLogic2



Bucket & Ladle Included



Bluetooth



Discover well-being
that comes naturally.



NORTHSTAR SAUNAS

Authentically Finnish

Designed with traditional sauna materials, these indoor saunas feature interior and exterior Nordic White Spruce walls and ceiling. This wood is light and bright, with beautiful character representative of Finnish forests, both in aesthetics and aromas. As a freestanding sauna kit, the NorthStar Saunas are all-inclusive with a straightforward installation process. They are built in Minnesota (with carefully selected imported materials), for reliable performance and longevity.

Traditional Design, Powerful Performance

The NorthStar Saunas are a testament to traditional Finnish sauna craftsmanship, built to provide pure relaxation and rejuvenation. These handcrafted saunas feature premium materials, expert construction, and a focus on an authentic sauna experience. Enjoy the soothing warmth of aromatic wood, the gentle caress of steam, and the comforting glow of the heater as you unwind in your very own piece of Finnish tradition. NorthStar Sauna design priorities:



AUTHENTIC SAUNA EXPERIENCE

Hot rocks ready for löyly, surrounded by pine sourced from Finland.

DESIGNED & BUILT IN THE NORTHSTAR STATE

Built in Minnesota, with carefully selected imported materials.

FINNISH HEATER DESIGN

With the power needed for deep sweat, rest, relaxation, and healing.



NORTHSTAR 44
PG 13



NORTHSTAR 46
PG 14



NORTHSTAR 56
PG 15



NORTHSTAR 57
PG 16

All NorthStar Saunas Include:

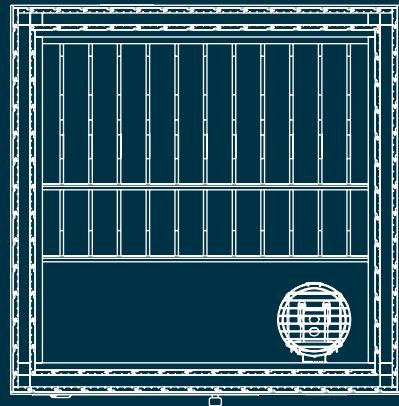
- **Wood Species (Interior & Exterior):** Nordic White Spruce
- **Bench Wood:** Aspen or Abachi
- **Lighting:** Low Voltage Interior & Chromotherapy Lighting System (see page 47 for more)
- **Door:** All-Glass, Bronze-Tinted Door
- **Windows:** Bronze-Tinted, in all models where size allows
- **Backrest:** 2-bar Backrest with integrated lighting
- **Heater:** Finnish-engineered electric heater, model varies by sauna
- **Control:** SaunaLogic2 (see page 45 for more)
- **Optional Upgrades:**
 - Bluetooth® Audio Sound Bar
 - Integral Floor (included only in the 44 models)
 - Wood-Framed Stainless Steel Drip Pan for Under Heater

NorthStar 44



Superior freestanding sauna for when space is limited.

The small footprint of the NorthStar 44 creates a compact, yet powerful sauna for 1 person (or 2 people ready to get cozy). Featuring Nordic White Spruce paneling inside and out, bring authentic Finnish sauna home to your master bath, spare bedroom, basement living room, gym, or wherever you have the available space.



Get the best in-home sauna

sized for 2 people comfortably seated, (or 3 in close quarters) while minimizing floor space requirements, with the NorthStar 46. True to traditional Finnish sauna practices, this sauna's interior and exterior walls are made of the subtly fragrant and beautifully light Nordic White Spruce. Expect superior craftsmanship from this beautiful sauna.



NorthStar 46



Up to 2



48" W x 48" D x 84" H



120 V Plug-In, 15- & 20-amp Models Available



Piccolo Mini



SaunaLogic2



Bucket & Ladle Included



Integral Floor Included



Bluetooth



Up to 3



72" W x 48" D x 84" H



240 Volts 18.8 Amps



Designer-SL2, 4.5 kW



SaunaLogic2



Bucket & Ladle Included



1 - 16"x30" Window



Bluetooth

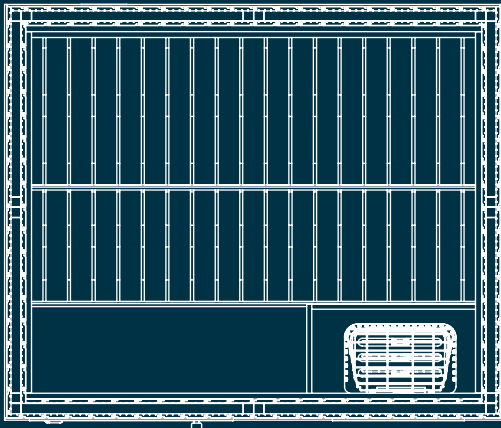


NorthStar 56



When floor space is available, the NorthStar 56 is a great upgrade from the 4' x 6' model. It's just the right amount of added space to spread out when saunaing solo, or that extra elbow room when seated next to one or maybe even 2 sauna companions - without breaking the budget. It's truly Finnish in its design, especially the space it offers for

gathering friends and family together.



Up to 3

Designer-SL2 6.0 kW

SaunaLogic2

Bucket & Ladle Included

1 - 16"x30" Window

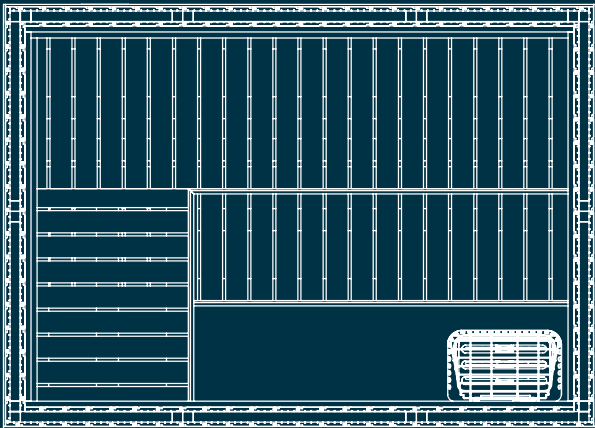
Bluetooth

240 Volts
25.0 Amps

72" W x 60" D x 84" H

Designed with room for 2 to lie down, or 4-5 sitting, the NorthStar 57 is our largest indoor model in this series. Easily bring authentic Finnish sauna home - to your master suite, garage gym, spare bedroom, basement recreation area, or anywhere inside your home where space allows - with this NorthStar Sauna. Quality craftsmanship will get you started enjoying sauna at home

for many years to come.



Up to 5

Designer-SL2 6.0 kW

SaunaLogic2

Bucket & Ladle Included

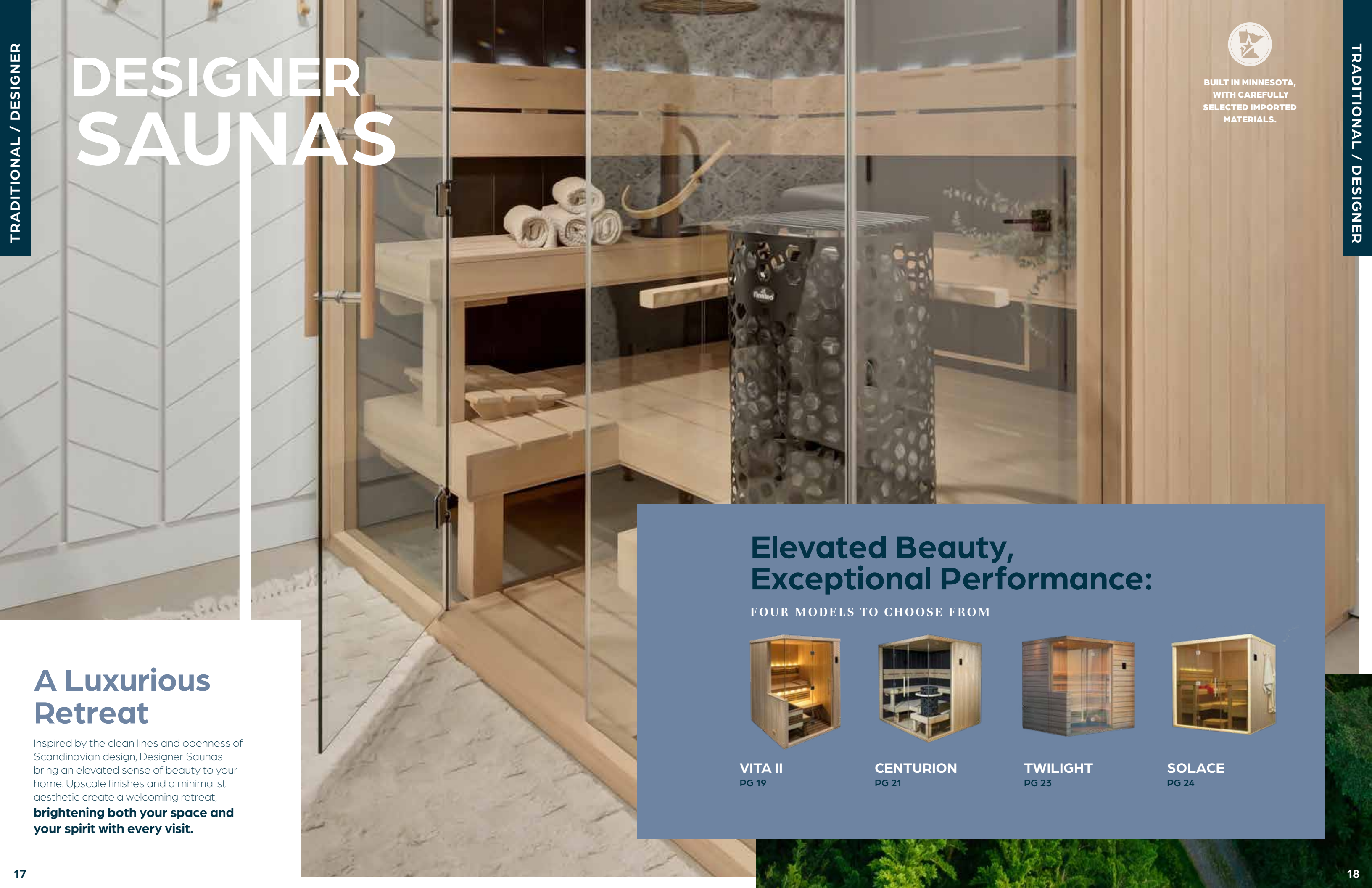
2 - 12"x30" Window

Bluetooth

240 Volts
25.0 Amps

84" W x 60" D x 84" H





BUILT IN MINNESOTA,
WITH CAREFULLY
SELECTED IMPORTED
MATERIALS.

DESIGNER SAUNAS

A Luxurious Retreat

Inspired by the clean lines and openness of Scandinavian design, Designer Saunas bring an elevated sense of beauty to your home. Upscale finishes and a minimalist aesthetic create a welcoming retreat, **brightening both your space and your spirit with every visit.**

Elevated Beauty, Exceptional Performance:

FOUR MODELS TO CHOOSE FROM



VITA II
PG 19



CENTURION
PG 21



TWILIGHT
PG 23



SOLACE
PG 24

Vita II

VITA II - ROOM SPECS

Wood Species (Interior & Exterior): Hemlock

Benches: Abachi & Heat-Treated Alder

Lighting: In-Backrest & Bench Front LED Light Strips, with Chromotherapy System

Door & Glass: All-Glass Door & Floor to Ceiling Window Pane; Half Wall Window Pane Glass-to-Glass Corner

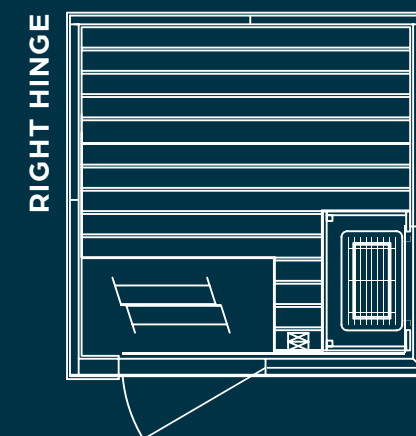
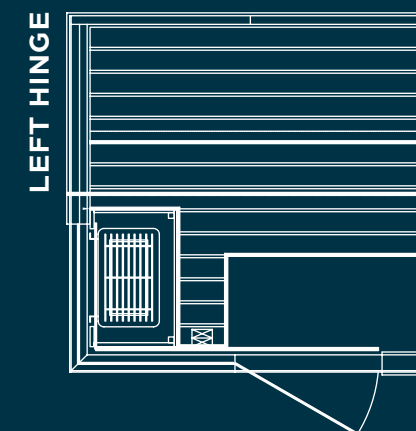
Options:

- Choose Door Hinge Right or Left
- Add Integral Floor
- Add Bluetooth Audio Sound Bar



A diminutive sauna room loaded with luxury, that is perfect for master bathrooms or smaller spaces that limit the sauna size, without limiting the desired features. Contemporary glass-to-glass corner creates an open feel and attractive appearance. Two-toned backrests and heater guard

warms up the room and welcomes you in.



Up to 3



63" W x 63" D x 84" H



Designer-SL2 4.5 kW



240 Volts | 18.8 Amps



SaunaLogic2



Bucket & Ladle Included



Bluetooth



Centurion



CENTURION - ROOM SPECS

Wood Species (Interior & Exterior): Hemlock Exterior & Ceiling, Taika Walls

Benches: Hemlock **Backrest:** 2-bar wide

Lighting: In-Backrest LED Light Strips, with Chromotherapy System

Door & Glass: All-Glass Front; Side Wall Floor-to-Ceiling Window Pane, Glass-to-Glass Corner

Options:

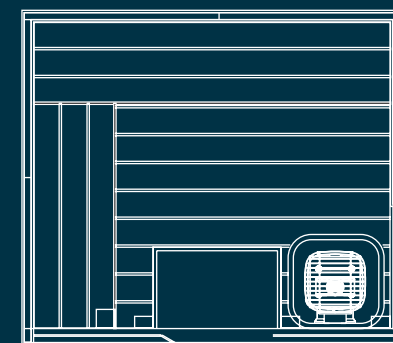
- Choose Door Hinge Right or Left
- Add Bluetooth Audio Sound Bar



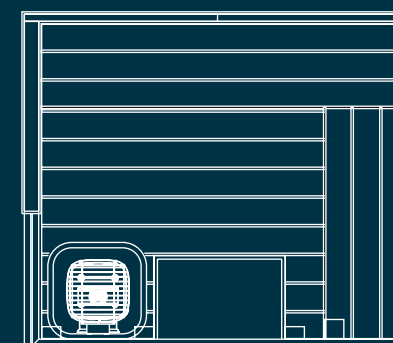
This luxurious sauna features black Taika interior paneling that contrasts beautifully with light-colored wood benches and integrated lighting, creating a serene environment. A rock-tower heater and the advanced SaunaLogic2 Wi-Fi Control ensure optimal warmth and convenience. The result is a perfect blend of

sophistication and ultimate relaxation.

LEFT HINGE



RIGHT HINGE



Up to 5



SaunaLogic2



84" W x 72" D x 84" H



Bucket & Ladle Included



Himalaya 7.0 kW



Bluetooth



240 Volts | 28.3 Amps



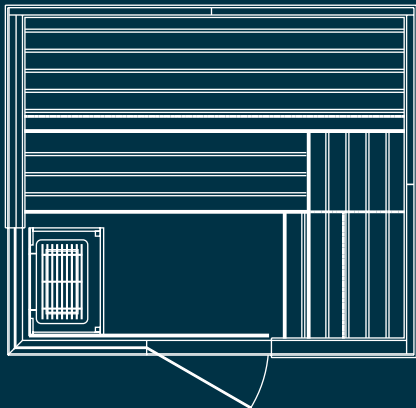
Twilight



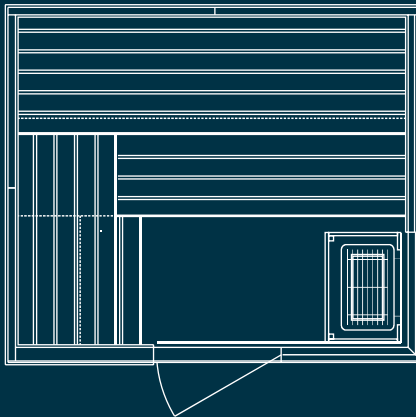
This modern, luxury sauna adds a unique appeal to the genuine Finnish sauna. Expansive glass adds a pleasant openness without sacrificing heat retention. Seat up to 5 (or lay up to 2); relax together or alone in the scents of cedar and rest comfortably against heat-treated Abachi benches. Recessed lighting with color light therapy

**amplifies the sauna
ambience and benefits.**

LEFT HINGE



RIGHT HINGE



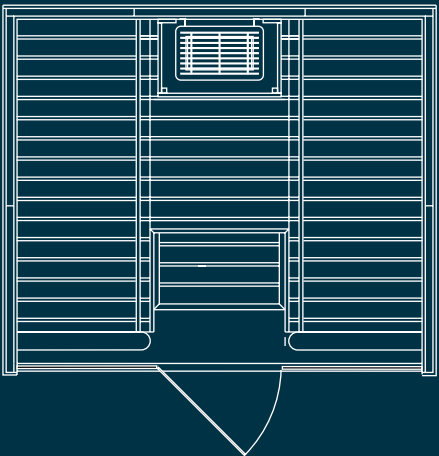
The clean, simple lines and lightness

of the Nordic White Spruce panels and Abachi benches create a beautifully relaxing sauna. The full glass front provides a warm glow from the outside, and a panoramic view from the inside. The Solace's beauty is in its simplicity and expert design to maximize the heat enjoyment for up to 4-6 seated.

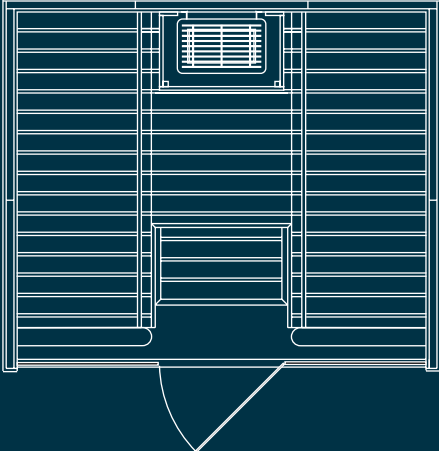


Exterior: Vertical Nordic White Spruce
Interior: Vertical Nordic White Spruce, Abachi benches, deck & 3-bar backrest

LEFT HINGE



RIGHT HINGE



Exterior: Horizontal, oil-rubbed cedar planks with black melamine background
Interior: Vertical Cedar tongue-and-groove, Abachi with heat-treated Alder benches, 5-bar backrests, and bench skirts

Up to 5

Designer-SL2 6.0 kW

84" W x 72" D x 84" H

SaunaLogic2

240 Volts
25.0 Amps

Bucket & Ladle Included

Bluetooth



Up to 6

Designer-SL2 6.0 kW

84" W x 72" D x 84" H

SaunaLogic2

240 Volts
25.0 Amps

Bucket & Ladle Included

Bluetooth



Solace

INFRARED SAUNAS & INFRAAUNAS

Using advanced infrared technology Finnleo's sauna rooms gently warm, promote relaxation, reduce muscle soreness, and support circulation. And, uniquely, for those seeking the combined benefits of both traditional and infrared heat, Finnleo also offers innovative combination sauna rooms giving you the luxury of choice. Enjoy the dry heat of a traditional Finnish sauna or the gentle, penetrating warmth of infrared, depending on what your day requires.



S-SERIES
Infrared Sauna Room Kits



INFRAAUNAS
Combination Infrared &
Traditional Sauna Room Kits

S-SERIES SAUNAS



Setting the Standard

The S-Series Infrared Saunas are portable and stunning, plus they redefine the industry standard for infrared heat. Our patented, low EMR/EF far-infrared technology soothes and heals safely. Full glass fronts, valance lighting, wall-to-wall heat coverage, and more **create a safe space to relax, detox, unwind, and sweat.**

Head-to-Toe Comfort

The S-Series even heat distribution guarantees excellence in enjoyment and sauna performance. Using advanced technology and wall-to-wall coverage, our carbon fiber heating panels produce deep, soft, even heat you expect in an infrared sauna. Assembly is quick as all prefabricated panels (walls, ceiling, floor) and room components are included in each sauna kit. And, with 6 sizes to choose from, there is bound to be one to fit your home space and specs.

Healthy & Safe Infrared Technology

Treat yourself to the relaxation and detoxification benefits of infrared technology. In a Finnleo sauna you can rest easy as the infrared waves penetrate deep into your body, warming you inside and out. While the ambient air rests somewhere between 120°–140° F, your core body temperature rises as it absorbs the infrared energy. You'll come out feeling stronger, healthier, and in better balance.

✓ EMR/EF Independently Verified by Intertek 

SEE INSTALLATION INSTRUCTIONS ON PAGE 46

AVAILABLE OPTIONS:



S810
PG 29



S820
PG 30



S825
PG 31



S830
PG 32



S840
PG 33



S870
PG 34

All S-Series Saunas Include:

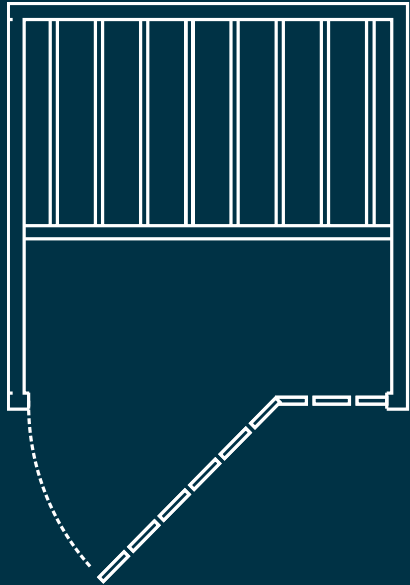
- **Wood Species (Interior, Exterior, & Benches):** Clear Canadian Hemlock
- **Audio:** Bluetooth® Sound System
- **Lighting:** Low Voltage Interior & Chromotherapy Lighting System (see page 47 for more)
- **Heater:** Wall-to-Wall CarbonFlex® emitter panels, plus bench seat heaters and side wall panels extend to floor
- **Control:** SaunaLogic2 Control (see page 45 for more)
- **Additional Features:**
 - All-Glass Door with Hardware
 - Laser Etched Door Handle, exterior doubles as a towel bar and interior features slot to hold mobile device
 - Matte Black Metallic In Floor Heater
 - ETL Safety Listed

S-Series S-810

INFRARED / S-SERIES



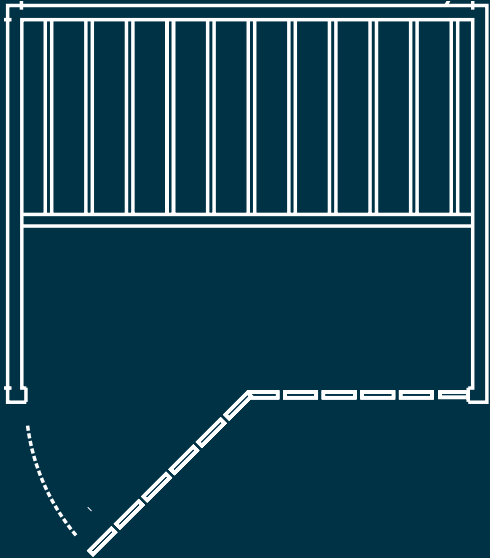
Ideal for solo saunas, the S-810 envelopes you in deeply penetrating infrared heat. With a footprint of only 9 square feet, this sauna can fit somewhere inside almost every home and offers all the **features and benefits of larger options.**



One of our most popular models, the S-820 is perfect for one or two people. With its footprint of only 13.3 square feet, it can easily be incorporated into an in-home workout area, master bath, or other area with room to spare. Share the infrared heat and benefits with a friend, or sauna solo!

S-Series S-820

INFRARED / S-SERIES



-  Seats 1
-  CarbonFlex IR
-  36" W x 36" D x 76¹/₂" H
-  IL2 Control System
-  Low EMR & EF
-  120V Plug-In, 15-amp

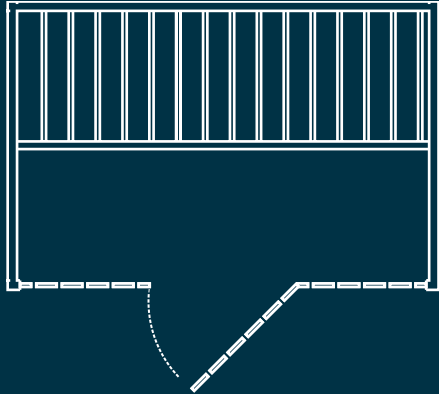


-  Up to 2
-  CarbonFlex IR
-  47³/₄" W x 40" D x 76¹/₂" H
-  IL2 Control System
-  Low EMR & EF
-  120V Plug-In, 15-amp



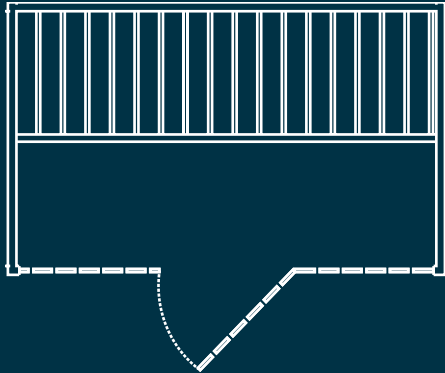
S-Series S-825

Slightly roomier than the S-820, the S-825 gives you a little more elbow room with 2 people so you can sauna with a friend and enjoy both the **infrared energy** and the camaraderie.



The nearly 6' long bench makes the S-830 our most comfortable portable infrared sauna for lying down. Stretch out with room to spare or use the expanded space to **sauna together with a couple friends.**

S-Series S-830



- Up to 2
- CarbonFlex IR
- 64¹/₄" W x 42¹/₂" D x 76¹/₂" H
- IL2 Control System
- Low EMR & EF
- 120V Dedicated Outlet; 20-amp



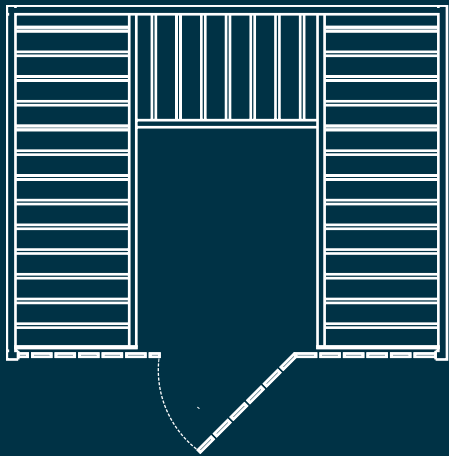
- Up to 3
- CarbonFlex IR
- 71 ³/₈" W x 42¹/₂" D x 76¹/₂" H
- IL2 Control System
- Low EMR & EF
- 120V Dedicated Outlet; 20-amp



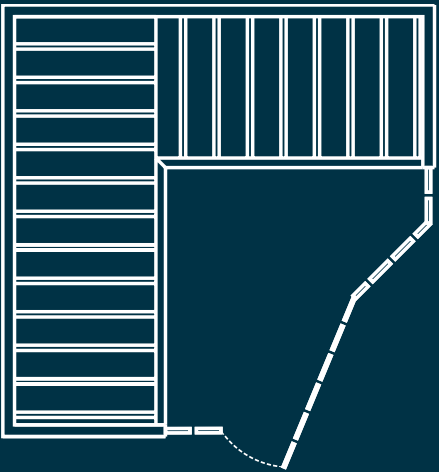
S-Series S-840

Spaciousness with comfortable seating for four.

By dropping in a bench insert to convert the two long benches into a U-shaped bench, you can seat up to four people, or have two people lying down at once.



This innovative design is optimized for space efficiency, requiring a floorspace just over 4'x4' yet spacious enough for 2-3 people. Tuck this sauna into a corner and start soaking in the infrared energy benefits.



S-Series S-870



U-Shaped Seating



Corner Unit



Up to 4



CarbonFlex IR



71³/₈" W x 56⁵/₈" D x 76¹/₂" H



IL2 Control System



Low EMR & EF



120V Dedicated Outlet; 20-amp



Up to 3



CarbonFlex IR



51⁷/₈" W x 51⁷/₈" D x 76¹/₂" H



IL2 Control System



Low EMR & EF

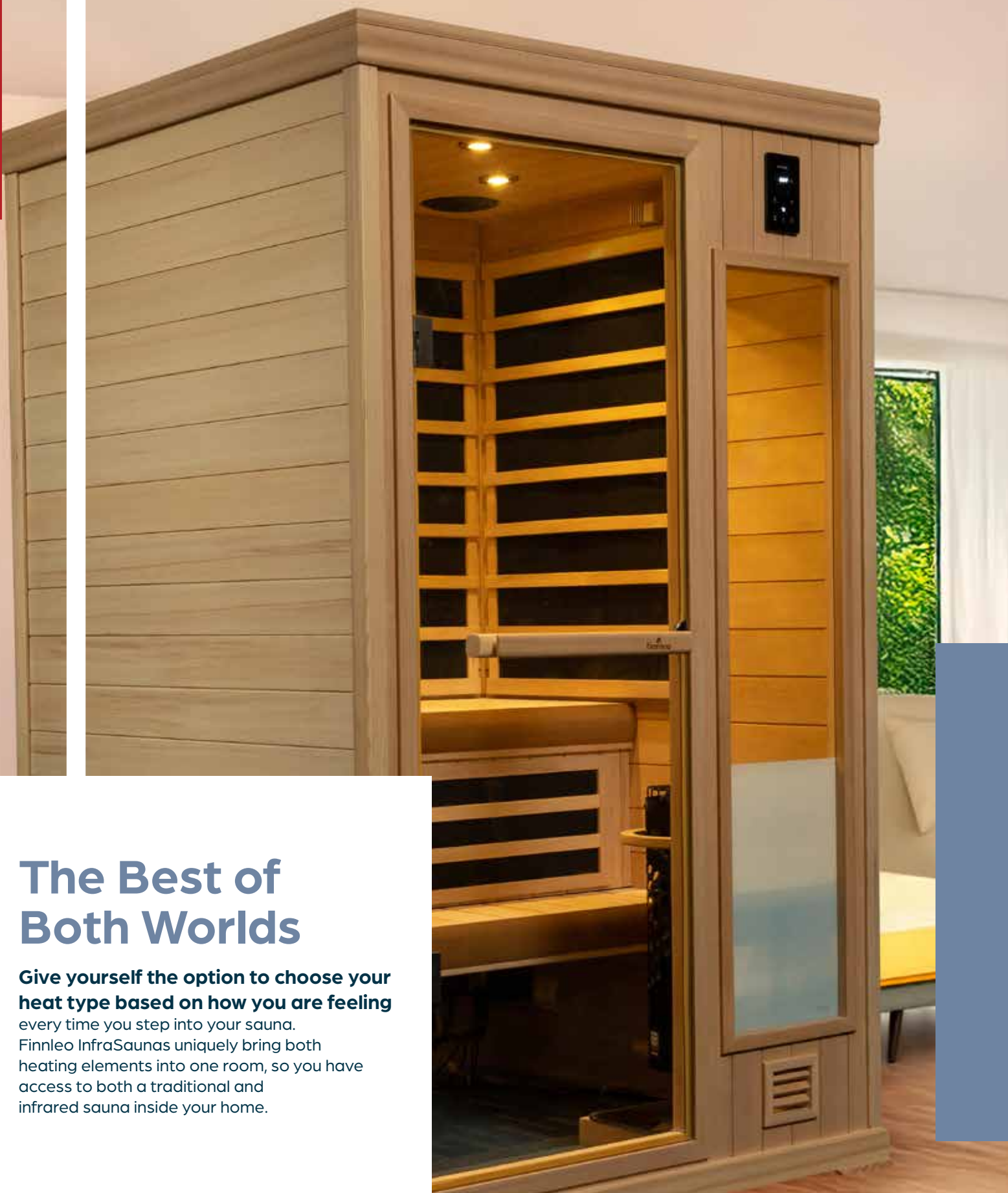


120V Plug-In; 15-amp



INFRA SAUNAS

INFRA SAUNA



The Best of Both Worlds

Give yourself the option to choose your heat type based on how you are feeling every time you step into your sauna. Finnleo InfraSaunas uniquely bring both heating elements into one room, so you have access to both a traditional and infrared sauna inside your home.

Traditional + Infrared = InfraSauna

Each heat type is unique. Intense, dry, humid, deep, soft, enveloping – an InfraSauna gives you access to the heat provided by both a traditional sauna and an infrared sauna. Based on how you are feeling you can choose which heat bath to enjoy. The InfraSauna is a great family sauna because one room can serve a variety of sauna preferences.

Portable & Ready to Enjoy

Built off our proven Hallmark Traditional Saunas, the InfraSauna adds in the patented infrared technology featured in the S-Series to create a trusted and reliable hybrid sauna. The panel design makes InfraSaunas easy to assemble and ready to enjoy quickly. One SaunaLogic2 Control is used to power both heating types, with the optional mobile app to take sauna control with you wherever you go.

✓ EMR/EF Independently Verified by Intertek



AVAILABLE OPTIONS:

SEE INSTALLATION
INSTRUCTIONS ON
PAGE 30



IS440
PG 37



IS565
PG 38

All InfraSaunas Include:

- **Wood Species (Interior & Exterior):** Clear Canadian Hemlock
- **Audio:** Bluetooth® Sound System, styles may vary by sauna
- **Lighting:** Low Voltage Color & White Puck Lighting in Ceiling (see page 47 for more)
- **Heat:**
 - **TRADITIONAL:** Finnish-engineered Electric Heater, model varies by sauna
 - **INFRARED:** Wall-to-Wall CarbonFlex® Heat Panels w/patented Low EMR and Low EF Technology, Plus Bench Seat Heat Panels
- **Control:** SaunaLogic2 Control
- **Additional Features:**
 - All-Glass Door with Hardware
 - Laser Etched Door Handle, exterior doubles as a towel bar
 - Bucket, Ladle, Rocks & Installation Hardware

INFRA SAUNA

InfraSauna IS440

Great for solo sauna bathing, or with one other,

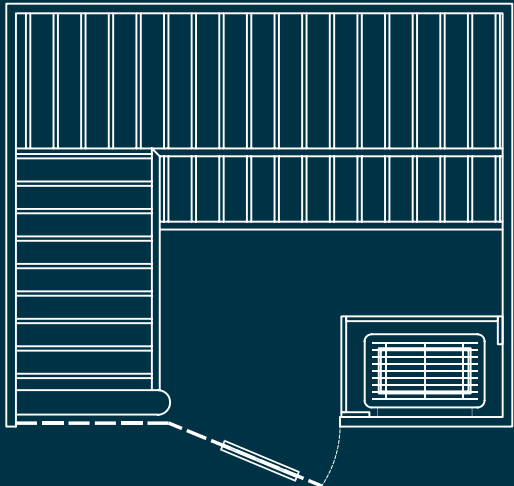
the IS440 is an intimate room with superior heat capacity. Whether you're enjoying infrared from the wall-to-wall heating panels or traditional sauna heat from the Piccolo Mini heater, you're guaranteed to sweat. And even better, you simply need to assemble and plug into your home outlet to get started.



For a roomier InfraSauna, the IS565 is the answer.

Large enough to seat 5 or 2 lying down, this family-sized sauna allows you to choose your heat type depending on what you're in the mood for – traditional or infrared.

InfraSauna IS565



INFRA SAUNA

INFRA SAUNA



Up to 2



48 1/4" W x 48 1/4" D x 80" H



Low EMR & EF



Piccolo Mini



CarbonFlex IR



SaunaLogic2



120 V Plug-In, 15- & 20-amp Models Available



Up to 5



72 3/4" W x 61 3/4" D x 80" H



Low EMR & EF



Designer-SL2 6.0 kW



CarbonFlex IR



SaunaLogic2



240 Volt 25.0 Amps



IMPORTANT SAUNA LESSONS TO KNOW

Before You Buy

Take some time to understand sauna, and the product and feature options available to you. As you navigate your decision, here are some of the important things we'd like you to know.

This will ensure you choose a sauna that you will use and enjoy.

PGS 40-50

GENUINE FINNISH SAUNA EXPERIENCE:

The Finnish sauna experience is naturally one of well-being. The wisdom of its practice is instilled across generations as intuitively as eating and sleeping.

This is what we hope to deliver in every sauna we make.

WE HOPE —
FAMILIES DISCONNECT
& RECONNECT together **inside our saunas.**

WE HOPE —
DEEP & HONEST CONVERSATIONS
unfold **inside our saunas.**

WE HOPE —
SPIRITS ARE LIFTED
& ENERGY IS RENEWED
inside our saunas.

WE HOPE —
LAUGHTER & JOY
are found and shared **inside our saunas.**

WE HOPE —
NEW FRIENDS are made and
RELATIONSHIPS are nurtured
inside our saunas.

WE HOPE —
Bodies & minds are
HEALED, STRENGTHENED,
& NOURISHED **inside our saunas.**

This is genuine. This is natural well-being.

And we want you to discover all that sauna has to offer and make it part of your life.

SAUNA HEAT TYPES

YOUR HEAT. YOUR WAY.

Arguably the most important decision in your sauna buying process is which type of heat you want. Take a moment to understand some of the major differences to determine which aligns best with your sauna goals.



Infrared Heat

Infrared heat is created by invisible light waves.

These light waves penetrate the body and raise core temperature, inducing sweat. Featured infrared heat sauna series include:

- S-SERIES**
PG 27-34
- INFRASAUNA**
PG 35-38

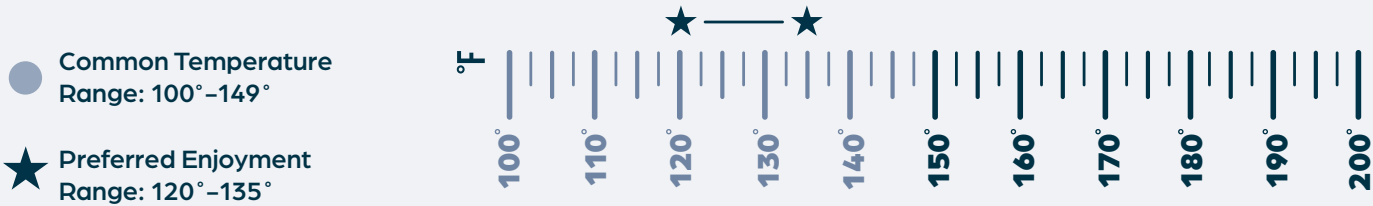


Traditional Heat

The sauna heats up the entire room

and the high ambient air temperature raises body temperature and induces sweating. Featured traditional heat sauna series include:

- HALLMARK**
PG 5-9
- NORTHSTAR**
PG 11-16
- DESIGNER**
PG 17-24
- INFRASAUNA**
PG 35-38



WARM UP TIME

Ready for immediate use, though many wait 5–10 minutes to take any chill out of the room.

HOW TO ENJOY

High room temperature is not the goal in an Infrared Sauna. Instead, the ideal wavelength of infrared heat energy is needed to penetrate the skin and warm muscles and joints (which is why it is ready to use the moment you turn it on). A common practice is a 30–45 minute session, multiple times per week. And don't forget to drink plenty of water.

HEATING TECHNOLOGY

Using healthy and safe far-infrared technology, CarbonFlex® emitter panels fill the sauna for the most even heat distribution (which can be a challenge, especially in larger rooms). Where possible, we add heating panels to our bench seats and bench fronts to maximize your infrared exposure. Bathe peacefully in the low EMR/EF infrared heat. See page 44 for more detail.

WARM UP TIME

30–40+ Minutes

HOW TO ENJOY

The sauna is heated by elements in a heater that warms a compartment of stones which radiate heat throughout the room. When the desired room temperature is achieved, the humidity can be adjusted by pouring water on the rocks. One to two 15–20 minute innings are common practice, with a cooling off practice (shower, plunge, lake swim,

roll in the snow, etc.) in between. Essential oils are also a great addition to the water tossed on the rocks to add an aromatic element to your experience. And don't forget to drink plenty of water.

HEATING TECHNOLOGY

Traditional sauna heater innovation and engineering was developed and manufactured in Finland, the birthplace of sauna. Since our beginning we've been building and designing traditional heaters in Finland to achieve the authentic Finnish sauna experience, fit for your modern life.

For both heat types, please follow your personal preferences and tolerances, and consult with your doctor when necessary.

Featured Traditional Sauna Heaters

Each free-standing Finnleo sauna or InfraSauna is perfectly paired with an electric heater perfect for its size. These Finnish-designed heaters are built for reliable, lasting performance and open-air flow for **effective heating and efficient energy consumption.**



Piccolo Mini

A miniature rock-tower heater only available in noted freestanding rooms; the Piccolo Mini boosts beauty and performance in Finnleo’s smallest saunas, providing desirable heat and authentic Finnish löyly.



Designer-SL2

The Designer-SL2 is a workhorse heater, proven to perform day-in and day-out. Its reliability paired with its price point make it a great value. The SaunaLogic2 Control is mounted on the sauna for ease of use, or take control on the go with the SaunaLogic Mobile app.



Himalaya

Like it’s mountainous namesake, the Himalaya rock tower heater is spectacular both in beauty and performance. With 210 pounds of rock and our BioWater Technique Technology, this sauna heater is impressively and perfectly powerful.

SAUNA	Hallmark 44 NorthStar 44 IS440	Hallmark 46, 57, NorthStar 46, 45, 57 Vita II, Twilight, Solace	Centurion
ROCK CAPACITY	~40–45 lbs.	33 lbs (4.5 kW) 50 lbs	210 lbs
KW / AMPS / VOLTAGE / PHASE	1.7 / 14.2 / 120 / 1 2.1 / 17.5 / 120 / 1	4.5 / 18.8 / 240 / 1 6.0 / 25.0 / 240 / 1	6.8 / 28.3 / 240 / 1
DIMENSIONS (W X D X H)	9" x 9" x 21"	16 1/2" x 11" x 23"	12" x 15" x 40 1/2"
CONTROL	SL2	SL2	SL2
INSTALLATION	Wall-mounted	Wall-mounted	Floor-standing
SAFETY LISTED			

FURTHER UNDERSTANDING Infrared Sauna Technology

When it comes to Infrared saunas, there are two important considerations we set out to solve.

- 1 SAFE HEATING TECHNOLOGY
- 2 EVEN HEAT DISTRIBUTION

Safe Heating Technology

All Infrared saunas radiate EMR and EF radiation. Though not harmful in the low doses used in Infrared saunas, we chose to find a way to make it as safe as possible. We developed a break-through technology, Pure Infra™ that minimizes this radiation while maintaining the positive effects of infrared heat. This patented technology is the only infrared sauna technology that has radiation levels below the tough Swedish radiation standards throughout the sauna room, including all points of body contact.

✓ EMR/EF Independently Verified by Intertek 

TIP: In your research, be cautious of lab bench test reports which are dramatically different from real life full-room tests. Also know that radiation spikes can occur throughout rooms (at the floor, walls, or ceiling), despite claims of low EMR. Our recommendation: inquire and test as best as you can as you shop and consider options.



Even Heat Distribution

One of the most common complaints about infrared saunas is uneven heat distribution. “Cold spots” happen where no infrared waves reach the body. “Hot spots” occur when seated directly in front of outdated ceramic or metallic infrared heaters.

Finnleo Infrared Saunas are purpose-engineered to create the most soothing, full-body heat exposure available. CarbonFlex® heating panels have a large heating surface which disperses heat over a wider area, keeping the surface temperature comfortable for bathers. Additionally, maximum exposure to the optimal infrared wavelengths produce deep heat penetration you should expect in an infrared sauna.

Heating panels cover Finnleo infrared sauna walls surrounding the seating area, plus we add them below the bench and on the lower side walls. With added in-floor heat you’re set up for the most thorough heat distribution. Enter ready to sweat your way to a better you; leave feeling stronger, healthier and in better balance.

SaunaLogic2[®]

SIMPLY CONVENIENT

Control your sauna room settings and preferences at the touch of a button – time, temperature, lighting, heating type (if applicable) and audio. This wall-mounted control is sleek and intuitive, simplifying your saunas’ operation.

SL2



TRADITIONAL SAUNAS

- ✓ On/Off
- ✓ Temperature
- ✓ Lights
- ✓ Timer
- ✓ Delay Start

IL2



INFRARED SAUNAS

- ✓ On/Off
- ✓ Temperature
- ✓ Lights
- ✓ Timer
- ✓ Independent Heat Zone Control:
Bench Top, Bench Skirt, Floor

SL2-IS



INFRAASAUNAS

- ✓ On/Off
- ✓ Temperature
- ✓ Lights
- ✓ Timer
- ✓ Delay Start
- ✓ Heat Mode Selection:
Traditional or Infrared

Control On The Go

Expand your control capabilities by pairing with the SaunaLogic Mobile app. Extend your standard sauna controls to your mobile device so you can operate your sauna from wherever you are. Additional functionality available in the app allows you to set timers, create schedules, and add users to customize and personalize sauna sessions. Available on iOS and Android operating systems; compatible with Google Home[®], Alexa[®], and Siri[®].



Google[®] is a registered trademark of Google, Inc.
Amazon[®] and Alexa[®] are a registered trademarks of Amazon.com, Inc.
Siri[®] is a registered trademark of Apple Inc.

Installation

QUICK & EASY SELF-INSTALL

Hallmark, S-Series, & InfraSaunas

All Finnleo portable saunas are panelized kits, setting you up for fast assembly so you can begin using the sauna as quickly as possible. We recommend having two people for installation to safely lift and position the panels into place. Wall and bench panel positioning, wire connections, heater set up (in traditional and InfraSauna units), and door/window installation is all it takes to configure your portable sauna.



FINISH-ON-SITE INSTALLATION

NorthStar & Designer Saunas

NorthStar and Designer Saunas, while still panelized kits, require a more in-depth on-site installation, because of their robust construction and to ensure every piece aligns seamlessly with your space. While walls, benches, backrests and more are built in our factory, certain finishing cuts are made on-site, allowing for unparalleled precision and a truly integrated look. This combination of factory-built quality and on-site customization enhances both the sauna's fit and its function, creating a beautiful and perfectly tailored relaxation experience.

CONSIDER GOING CUSTOM

If these portable sauna options don't quite match what you're looking for, perhaps a custom sauna is a better fit. These can still be movable if you'd like, with a design that you can customize. Or, you can design a sauna for permanent installation in your home, that aligns with your

exact space and design preferences.



**PERMANENTLY
INSTALLED
CUSTOM SAUNAS**



**SISU SERIES,
CUSTOMIZABLE
SAUNA ROOMS**

COLOR LIGHT Therapy

Unleash the psychological and therapeutic effects of color during your sauna session. Cycle through them all or choose just one to heal and rejuvenate you.



RED is the symbol of love and of life itself; it generates enthusiasm, arouses passion and has a cheering effect.



GREEN is a cooling, sedating color, it calms the body. It's the color of the relaxed heart.



BLUE is a cool color that has a calming effect, inside as well as on the outside.



YELLOW is a clear purifying color, which stimulates clarity of intellect.



TURQUOISE is the color for mental relaxation. It is a color that facilitates spiritual growth.



VIOLET promotes awareness and consciousness. It increases effects of meditation.



THE MANY BENEFITS of Sauna

**There's only one you,
and your one rare life.**

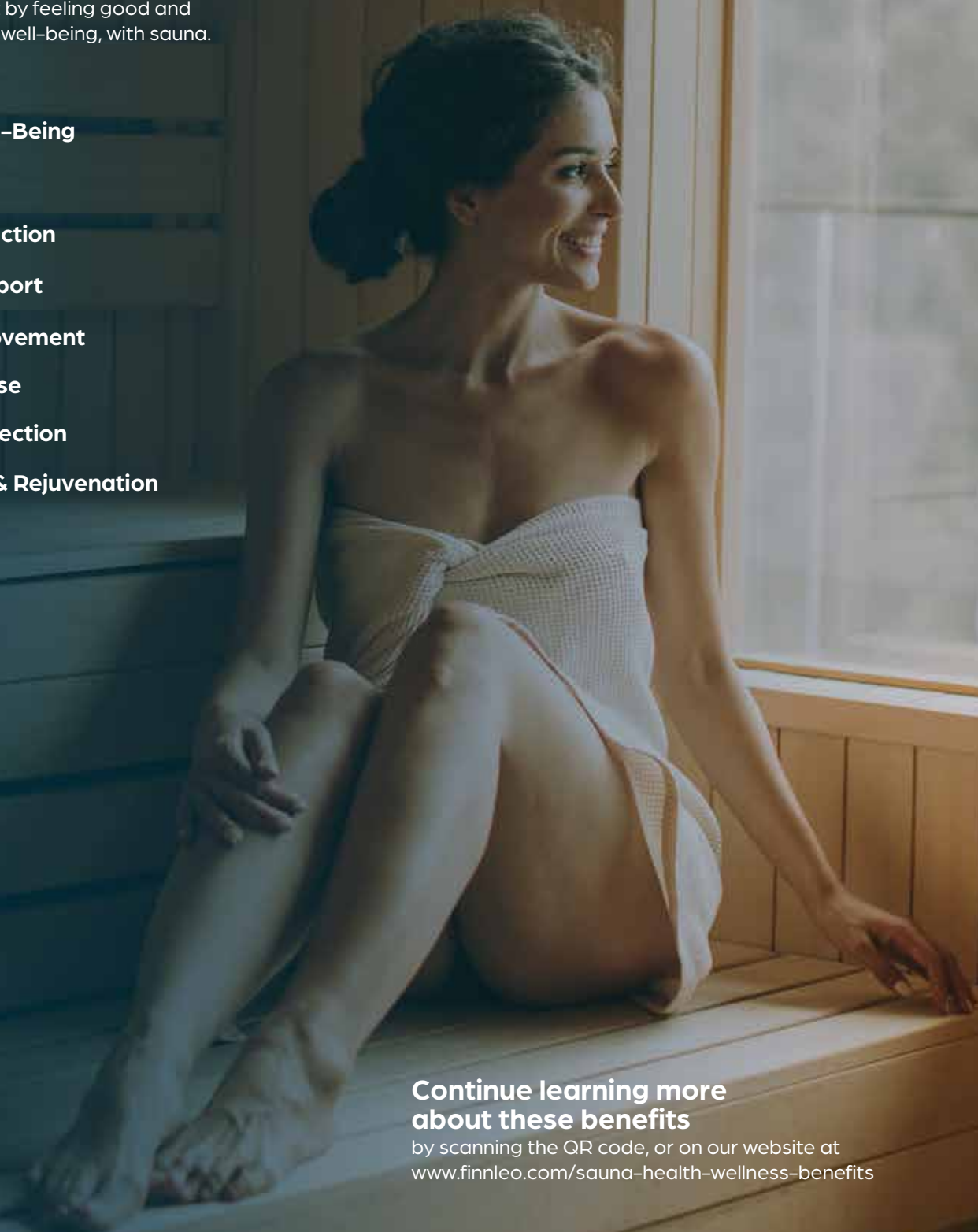
Make the most of it by feeling good and taking care of your well-being, with sauna.

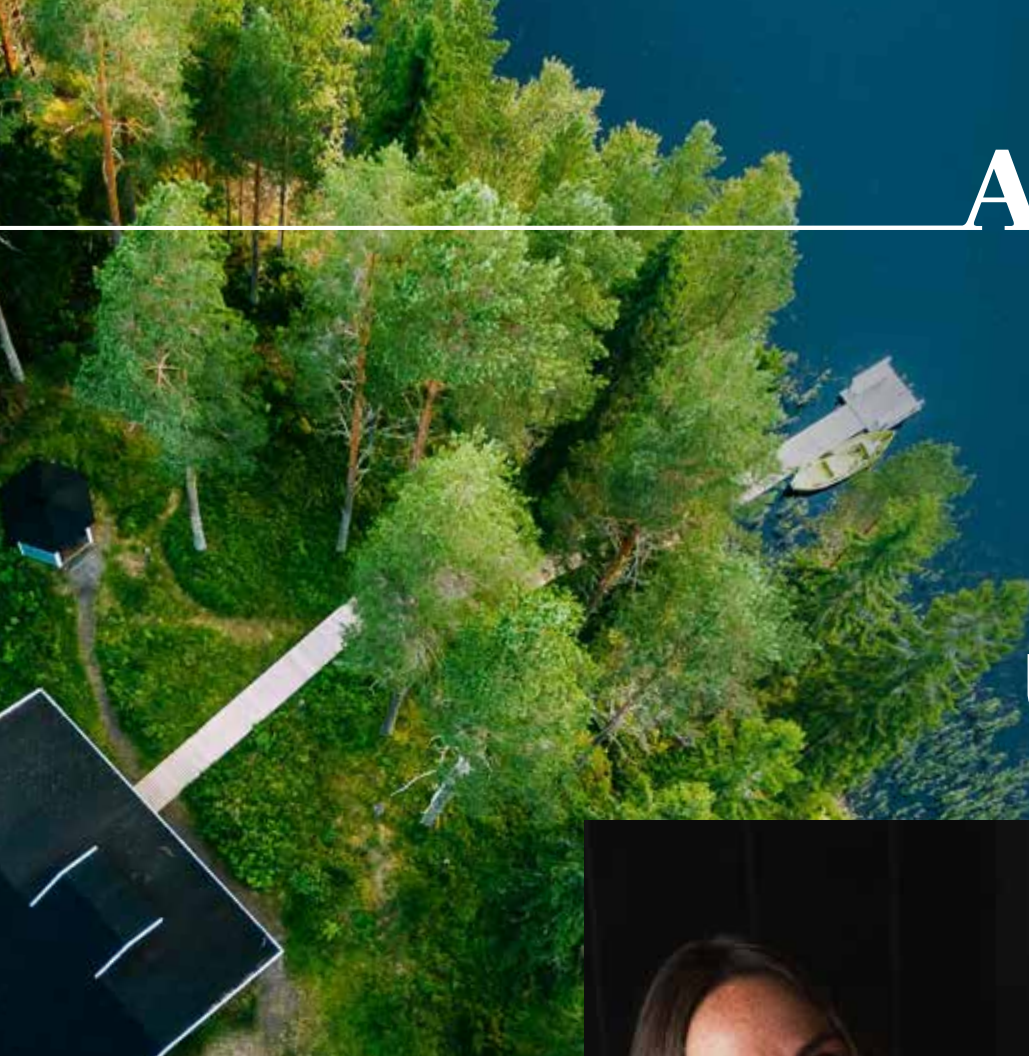
-  Overall Well-Being
-  Skin Care
-  Stress Reduction
-  Fitness Support
-  Sleep Improvement
-  Toxin Release
-  Social Connection
-  Relaxation & Rejuvenation



**Continue learning more
about these benefits**

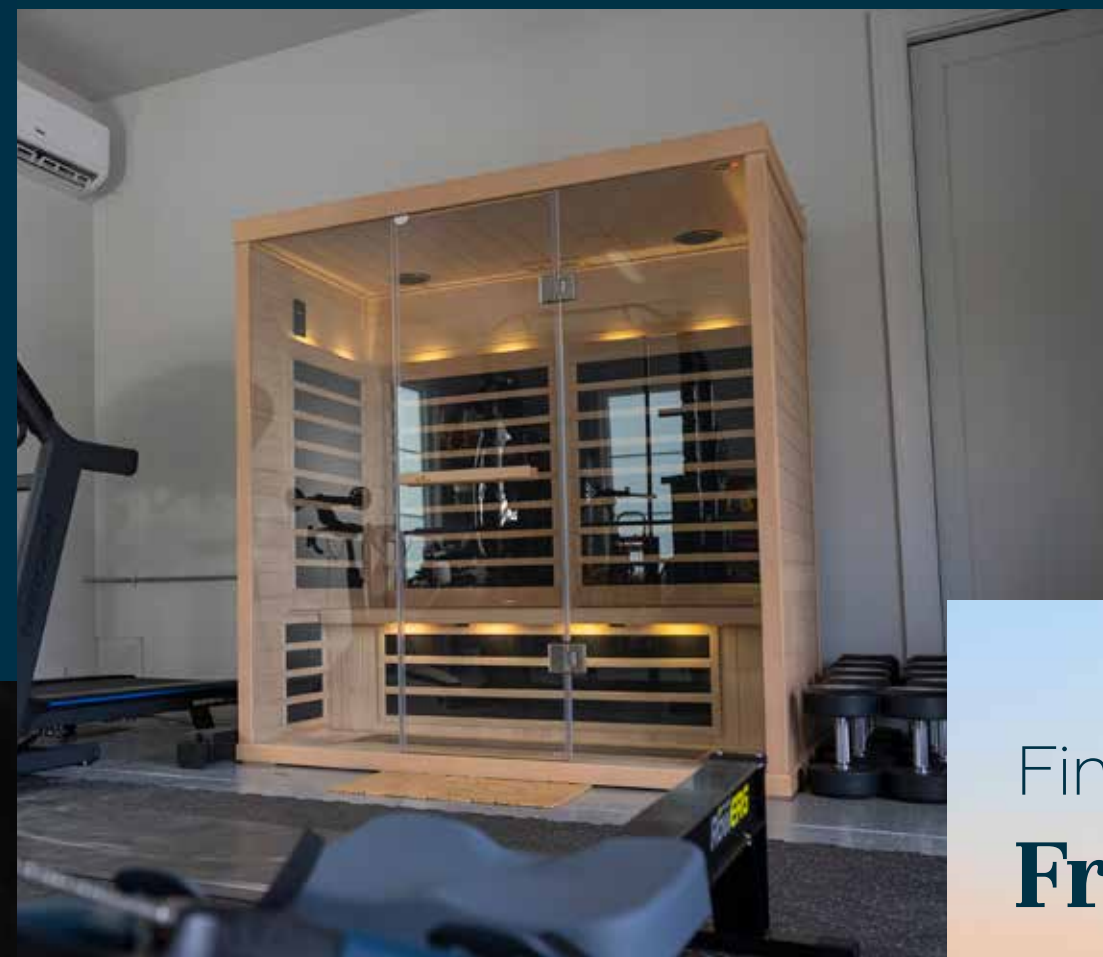
by scanning the QR code, or on our website at
www.finnleo.com/sauna-health-wellness-benefits



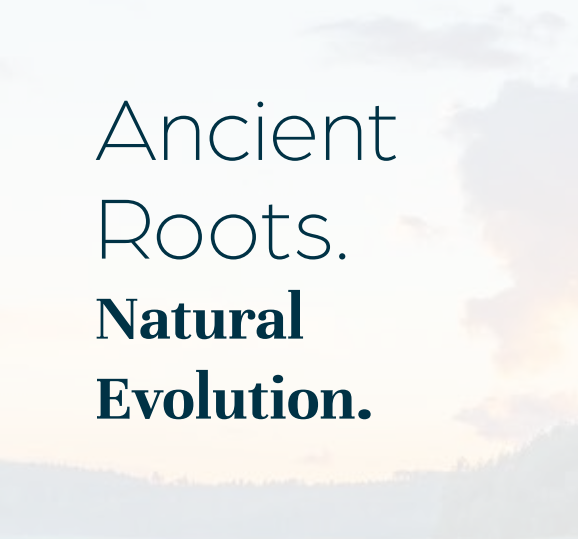


Authentic Finnish Sauna

For Your
Unique Life.



**Sweat.
Replenish.
Renew.**



Ancient
Roots.
**Natural
Evolution.**



Breathe in calm,
exhale stress.

Find Well-Being
**From the
Inside Out.**



**Embrace
the heat;**
let it heal.





finnleo
PURE SAUNA
A DIVISION OF **SAUNA360**



4220-222 rev 08/2025